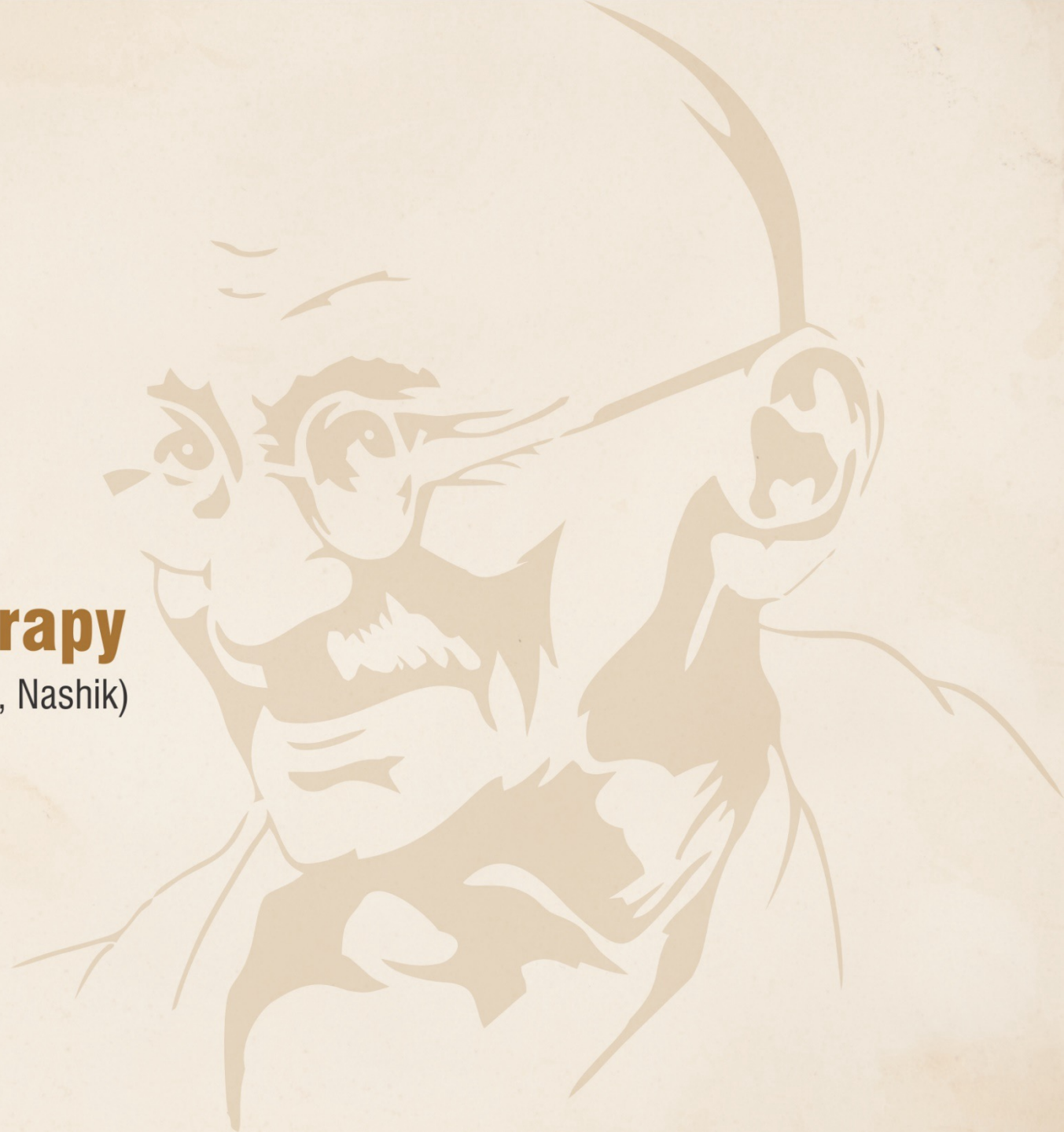




MAHATMA GANDHI MISSION

MGM Institute of Physiotherapy

Chh. Sambhaji Nagar, Maharashtra (Affiliated to MUHS, Nashik)





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PREVENTION OF DISABILITY

FOUR LEVEL OF PREVENTION

- Primordial prevention
- Primary prevention
- Secondary prevention
- Tertiary prevention

PRIMORDIAL PREVENTION

❖ Prevention of the emergence or development of **risk factors** in population groups in which they have not yet appeared

❖ Example ????

PRIMARY PREVENTION

- Action taken **prior to the onset of the disease**, which removes the possibility that a disease will ever occur



- Signifies the intervention in the pre pathogenesis phase of the disease

APPROACHES IN CHRONIC DISABILITIES



Population (mass) strategy

- Directed towards the whole population irrespective of individual risk levels
- Directed towards socioeconomic, behavioral and lifestyle changes

High risk strategy:

- Aims to bring the preventive care to the individual at special risk
- Requires a detection of individual with high risk with optimum use of clinical methods
- Safety and low cost and wide application

SECONDARY PREVENTION

- ❖ Action which halts the **progression** of the disease at its incipient stage & prevents complications
- ❖ Provide sec. prevention for the infected individual & primary prevention for their potential contacts

The specific interventions are:

- Early diagnosis (screening tests & case finding program) & adequate treatment thus arresting the disease progression

Drawback

- ❖ Patient has already been subject to mental anguish, physical pain, & the community to loss of productivity
- ❖ Is an imperfect tool in the control of transmission of disease
- ❖ More expensive & less effective

TERTIARY PREVENTION

❖ Intervention in the late pathogenesis phase

❖ All the measure available to

- Reduce or limit the impairment & disability
- Promote the patients adjustment to irremediable conditions

References



Park K. Park's Textbook of Preventive and Social Medicine, 22nd ed. Banarsidas Bhanot; 2013. ISBN-13: 978-938-2219-026. Chapter 3 (Page number 75-80)

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